OUR ADHD ASSESSMENT

for children and young people

A guide for parents



Introduction

This guide is written to explain everything you need to know about the ADHD assessments performed at our clinic. More information is available by visiting our website or by calling us directly using the details below.

Website: www.adhddoctor.co.uk

E-mail: admin@adhddoctor.co.uk

Telephone: 0800 887 0747

Telephone: 07752010242

overview

The assessment has the following stages:

Stage 1: Booking the appointment
Stage 2: Obtaining initial evidence
Stage 3: The Clinical Assessment
Stage 4: Obtaining further evidence as required

We will now look at each stage in further detail.







stage 1

booking the appointment

Our face to face consultant clinics are held on Saturdays at Wimpole Street in the Harley Street Medical Area of London. Each appointment lasts about 2 hours. Simply pick your date and time on our website or contact us to do it for you. Additionally you can complete payment via our website also. However, if you'd like us to send you a payment link, we can do that too and take care of the entire booking process.

We offer initial zoom assessments too, so please ask us if that's what you'd prefer. Once payment is made we will confirm your appointment by e-mail.

The cost of a face-to-face ADHD assessment is £1199 and a zoom assessment costs £1099. Unfortunately we don't accept BUPA or other private insurance yet and payment is by debit or credit card. Our cancellation policy is available on our website. Please read it before you make payment We are happy to send a copy on request.



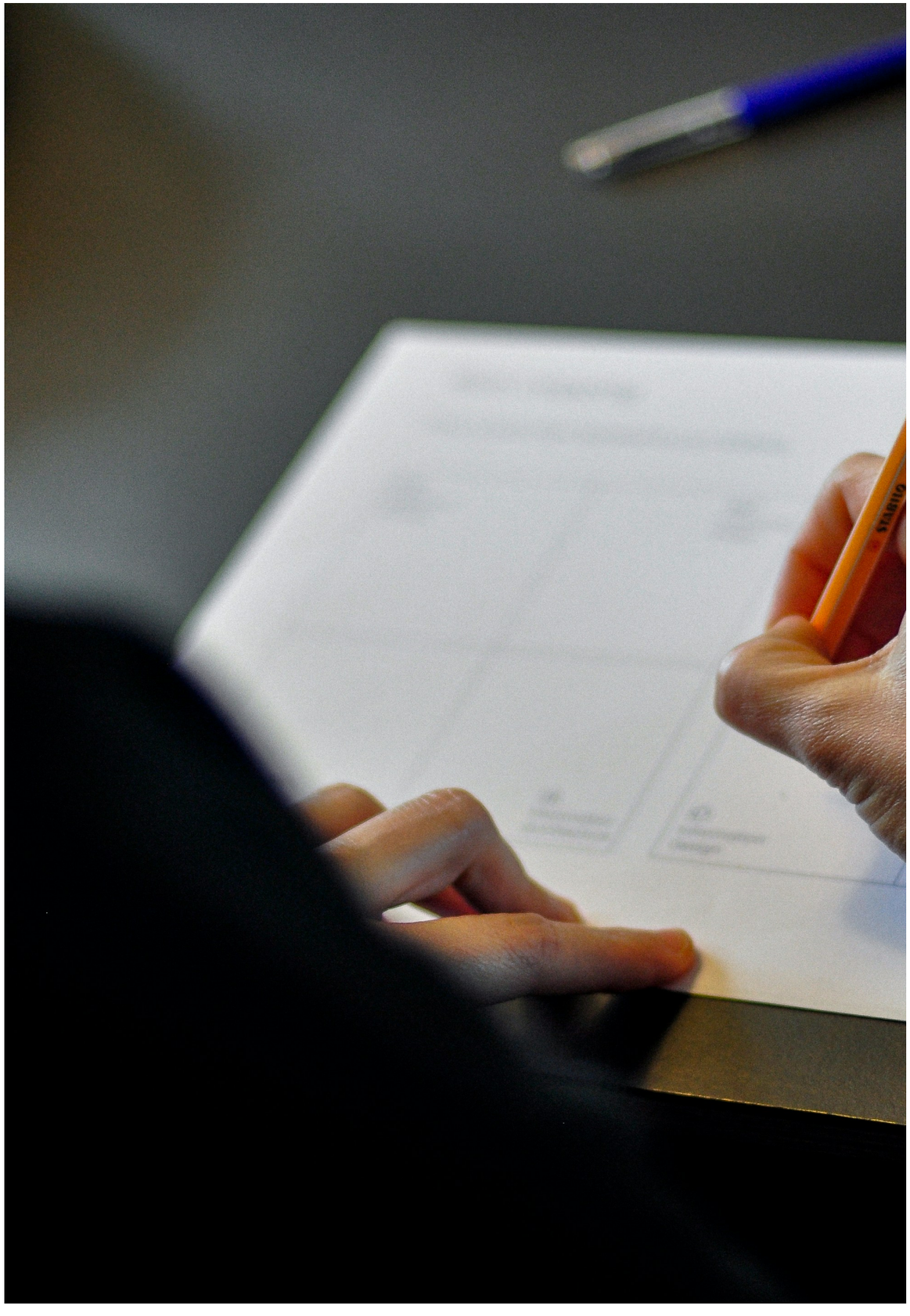
stage 2

obtaining initial evidence

Immediately after your appointment is confirmed we will send out the following for you to complete and return to us:

1. Patient Registration Form
2. Consent Form
3. Link to ADHD Conners Rating Form for child/ young person if over age of 8
4. Link to ADHD Conners Rating Form for parent
5. Link to ADHD Conners Rating Form for school teacher*

**Please note that a Teacher Conners form is essential to the assessment. Please pass the link on to a teacher who knows your child well enough to provide reliable evidence. It is at this stage that you send us by e-mail copies of relevant school reports, previous assessments for neurodiverse conditions or learning needs. If your child has an EHCP or an Educational Psychology report, please send us copies of this too. Please discuss any concerns you may have obtaining these pieces of evidence.*





stage 3

the clinical assessment

Our in-person clinics are held at

85 Wimpole Street

London W1G 9RJ

Nearest Tube stations are Bond Street (Central Line), Oxford Street and Bond Street (Elizabeth Line)

The clinical interview has three parts viz.

1. The history-taking. The doctors asks about presenting symptoms; past medical and psychiatric history; family history; prenatal, perinatal and birth history; developmental history; personality and temperament; educational history; and forensic history. The doctor also carries out a mental state examination
2. The Young-DIVA 5 is completed, matching the child's symptoms to DSM-5 criteria A1 and A2
3. An impairment assessment is carried out as per DSM-5 criteria B and C

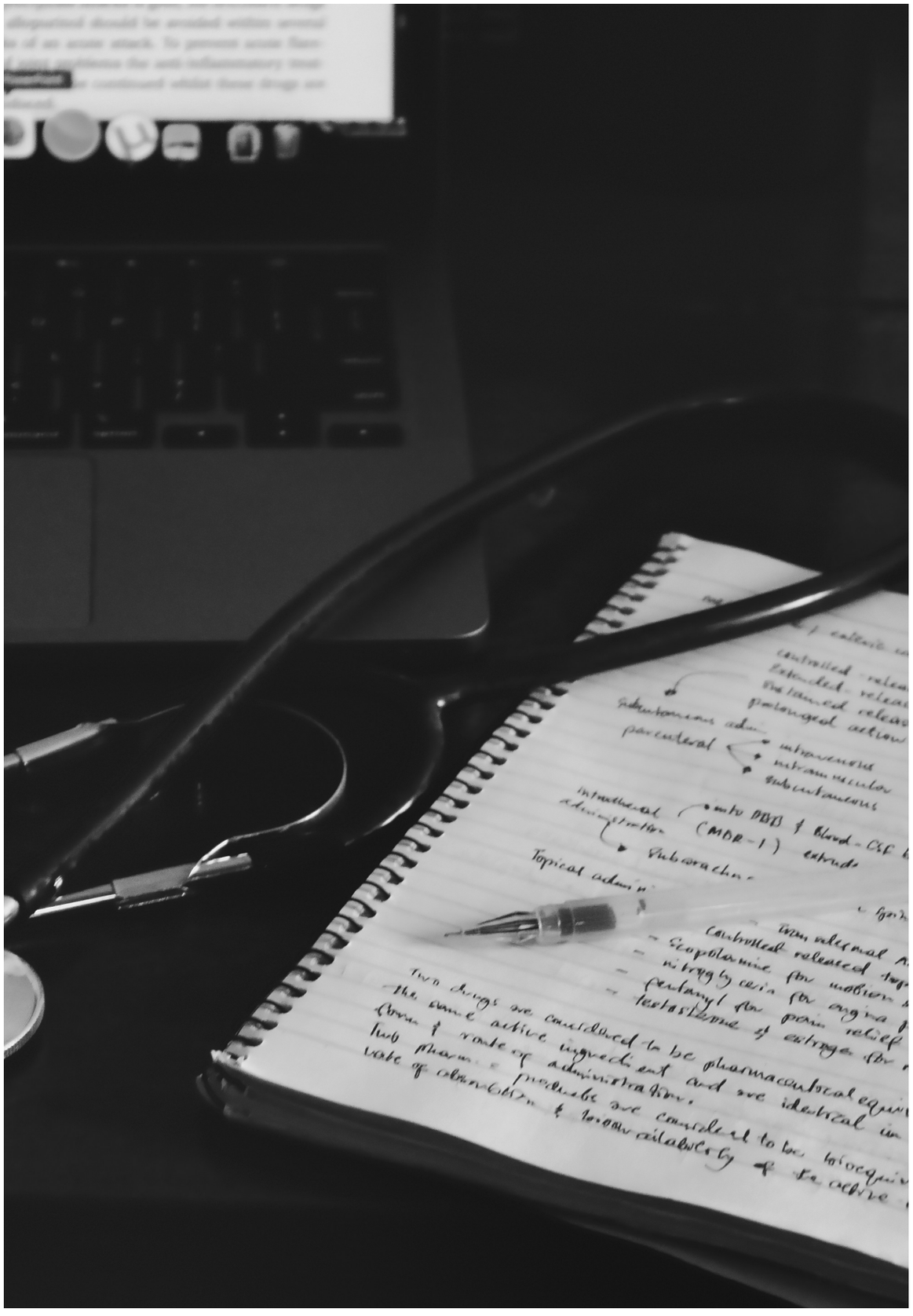
stage 4

obtaining further evidence if required

Following the clinical assessment, the consultant may require more evidence. This may be to screen for possible co-morbid conditions such as childhood autism, anxiety, depression or PTSD. The doctor may also require a QbCheck* if there are discrepancies with some of the evidence. A QbCheck attracts an additional charge and is only required when absolutely necessary. Your doctor will let you know soon after the clinical assessment if further evidence is required.

**A QbCheck is a relatively new FDA approved continuous performance computer based test available to support the diagnosis of ADHD when the typical retinue of evidence is insufficient to make a diagnosis. The test is only taken when indicated and a diagnosis is usually possible without it. Your consultant will advise if a QbCheck is necessary.*





next steps

With the evidence in, your consultant will produce a detailed report . If the diagnostic criteria are met, a diagnosis of ADHD will be assigned with treatment recommendations. A draft copy of the report will be sent to you within 7-10 days of the initial assessment for you to peruse and check for inaccuracies. Thereafter, the report will be finalized and a copy sent to your GP.

In the event a diagnosis is assigned and medication treatment is recommended, you will be advised to book a follow-up appointment on Zoom if you wish to pursue this treatment option. Details will be provided at the time. The cost of a follow-up appointment is set out in the FAQs section of our website. We also explain there the shared care agreement with general practitioners.

'…thank you!'

Thank you for your interest in our service which is led by:



Dr Femi Balogun

MB BS, PGCE, PGD, MPH (distinction), MAcadMEd, DRCPI (Paeds), FRCPsych
Consultant in Child and Adolescent Psychiatry | Director of Medical Education

Dr Femi Balogun is an experienced Consultant Child and Adolescent Psychiatrist on the General Medical Council (UK) specialist register and based in London. He trained at the renowned Maudsley Hospital and specializes in the assessment, diagnosis, and management of neuro-developmental disorders; ADHD and Autism Spectrum Disorders and associated co-morbidities. He also has a special interest in stress related mental health problems in children and adolescents including PTSD, complex PTSD and Developmental Trauma. He is the lead consultant of the ADHD doctor practice.

Dr Balogun is a talented clinician and medical educator, and he has authored several age-appropriate patient information psycho-education publications and several research journal papers. He was a site investigator for the AQUA QbTest randomized controlled trial for ADHD in England. He is recognized for his attention to detail, his clinical warmth, acumen and the high-quality care he provides. He is trained in trauma-focused Cognitive Behavioural Therapy (tf-CBT) and he is an associate of the General Medical Council in a medical education capacity. Dr Femi is a Fellow of the Royal College of Psychiatrists and a member of the American Academy of Child and Adolescent Psychiatrists. He is professor of psychiatry at New Anglia University and a diplomate in paediatrics of the Royal College of Physicians of Ireland. He also serves as a Director of Medical Education within the NHS and he is an honorary Senior Clinical Lecturer at King's College London, Medical School. Previously, Dr Balogun served in the statutory role of Designated Doctor Safeguarding Children for the Royal Borough of Greenwich.



Website: www.adhddoctor.co.uk

E-mail: admin@adhddoctor.co.uk

Telephone: 0800 887 0747

Telephone: 07752010242